Families Taking Action for Health

Are you a CHASS patient, have type 2 diabetes, 21-75 years old, and have a family member or friend who is interested in your diabetes care? Then you may be eligible to participate in the FAM-ACT Diabetes research study.

Why is this research study being done? To teach and support people with diabetes who are trying to improve their health.

What would I do in this research study?

• You and an adult support person would answer questions about:
  o Your health and health habits, support for your diabetes care, and use of health care services

• You will have lab tests, blood pressure, and weight measure taken

• You will be asked to attend diabetes education sessions and will receive Community Health Worker services

People in the study will randomly be assigned to one of two groups. Both groups will receive usual medical care from CHASS.

What could I gain by participating in the research study?

• You could learn ways to handle concerns related to managing your diabetes and improve your blood sugar or blood pressure.

• You could earn up to $90 and your support person can earn up to $40, over the length of the study.

For more information on how to be part of the FAM-ACT Diabetes research study, please call (313) 849-3920, Ext. 5045 or 5046